

- Experiments e.g. do people with the longest legs jump the furthest, are boys stronger than girls?
- Healthy lifestyle effects and benefits of exercise, food etc.
- Joints/tendons model
- Muscles how they work and what they are for
- Differences between men and women



- 'Skeletal sounds' loud/quiet/fast/slow
- Body sounds e.g. heartbeat
- Effects of music e.g. relaxing/motivating
- Represent sounds with symbols
- Sound makers
- Creating rhymes
- Copying/adding to beats/rhythm



- Science museum
- Doctors
- Cafes ordering healthy options

My Busy B ty







- Naming and labelling body parts
- Function of organs
- Skeletal system
- Circulatory system the heart (how it works, listening to heartbeats, making a stethoscope etc.)
- Digestive system look at teeth, intestines, different types of food etc.
- Nervous system what the brain is for
- Lifecycle and growth
- Senses how these organs work
- Respiratory system making a model of the lungs



- Pasta skeleton
- Making a brain flour, water, salt
- · Sounds of the body
- Healthy/unhealthy food
- Making blood e.g. white blood cells: marshmallows, red jelly etc.
- Focus on senses



- Medical professional visit
- Collage of faces emotions
- Self portraits
- Clay figures
- · Making healthy/unhealthy food
- Past and present e.g. hospitals





My Busy Body



During this topic the pupils main focus will be on Music and Science other subjects may be covered as part of cross curricular links.

CIL	MATEIS	ICT/COMPUTING	PSHCE	PE
Fact files, leaflet, poster about body parts	Data handling: Graphs e.g. heartrate, Bar chart e.g. shoe sizes.	Research function of organs/systems	Emotions	Changes in your body during exercise
Menu – healthy vs. unhealthy	Measure – measuring parts of the body	Use cameras to take photos and download	Healthy living	Staying healthy
Persuasive writing e.g. persuading someone to take up exercise	Time – timing people to complete different activities	Creating graphs	Personal hygiene	Design an exercise program suitable for you
Writing biography & autobiography			How to keep yourself safe	Function of warm up/cool down
			Link to SRE	
			Medicines/drugs	