

Relationships and Sex Education at Springfield School

EYFS teach RSE through the Personal, Social and Emotional Development strand of the EYFS Curriculum. KS1 teach RSE through PSHCE, Science and Theme curriculum.

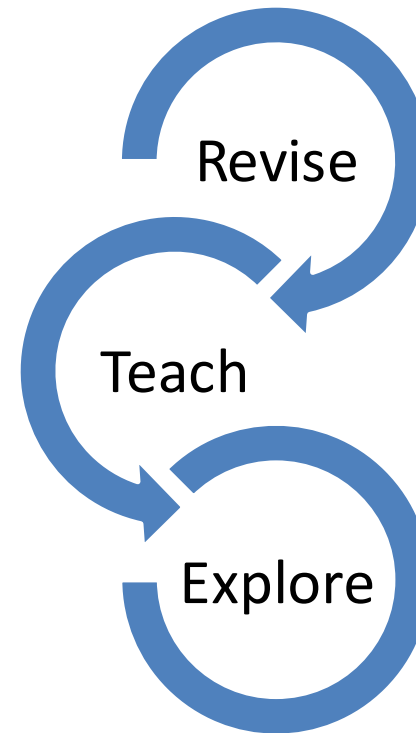
Key Stages 2, 3 and 4 teach RSE in discreet lessons.

Each Key Stage follows the Revise, Teach, Explore method.

Revise Topics taught at previous Key Stage / year for assessment purposes this can be dependent on pupil need and understanding

Teach new material as appropriate to the Curriculum plan for the Key Stage / year

Explore new topics as found in next Key Stage when pupils are ready



The Scheme of work for each Key Stage is repeated yearly to ensure every topic is explored in different ways to improve depth of learning and experience.

From Key Stage 2 each class has a subject folder with the main resources needed to teach the appropriate scheme, a copy of the standard letter for parental permission for RSE and a copy of the scheme to be covered. Teachers can also ask the RSE Learning and Teaching Team members for support with other resources if needed.

<p style="text-align: center;">EYFS Personal, Social and Emotional Development strand of the EYFS Curriculum</p>	<p style="text-align: center;">KS1 Covered through PSHCE, theme & science</p>	<p style="text-align: center;">KS2 Discreet lessons (3 year rotation)</p>	<p style="text-align: center;">KS3 Discreet lessons (3 year rotation)</p>	<p style="text-align: center;">KS4 Discreet lessons (2 year rotation)</p>
<p>Teach Families and people who care for me -to include different types of family. Including single parent, same sex families, living in care, adoptive families. Friendships Strangers Feelings and emotions Babies Public and private – body parts / places / clothing</p>	<p>Teach What is a family? Families are all different- include same sex, foster, adoptive, live in one house or different houses. Characteristics of a family Importance of friendship Who are my friends? What makes a good friend? How friends make me feel. Respect for others -conventions of courtesy and manners What is bullying Public and private- body parts/ places/ clothing Strangers and how to respond safely and appropriately. Explore different types of emotion. Identify own emotions Explore Importance of permission-seeking and giving in relationships Saying 'no' Personal safety</p>	<p>Revisit / Teach Content from KS 1 Families can be different from our own. Why families are important – love, security & stability. Family life can make us feel unhappy/unsafe Marriage is a formal legal commitment between 2 people. How people choose/make friends Characteristics of a friendship Friendships have ups and downs and how to deal with this. Respect for others Need for self-respect Different types of bullying Importance of permission-seeking and giving in relationships Saying 'no' Online relationships same principles apply Appropriate boundaries for friendships Recognise own feelings and know how to share these with others How to ask for help How to report concerns</p>	<p>Revisit Content covered in KS2 Teach Legality and responsibility of marriage How friendships change as we get older Characteristics of healthy and positive relationships –include good and bad touch How to solve conflict Stereotypes and the damage they can cause Impact of bullying. Responsibility to report bullying and how to seek help. Rights, responsibilities and opportunity online Online risks Rules for keeping safe online Impact of viewing harmful content Importance of permission-seeking and giving in relationships Saying 'no' Public and private- body parts/ places/ clothing Strangers and how to respond safely and appropriately.</p>	<p>Revisit Content from KS3 Teach Choice in relationships to include forced marriage Intimate relationships, the right to say no Tolerance and respect for all- bullying, racial/cultural abuse Criminal behaviour within a relationship- abuse, sexual harassment, sexual violence Legal rights and responsibilities regarding equality. Online safety- the risks, precautions, the law, how data is generated, collected and shared online. Names for reproductive organs Human reproduction Characteristics of a healthy one to one relationship. Intimate and sexual relationships. Choices of sexual relationships affect all aspects of health. Reproductive health including fertility. Contraception How substance use can lead to risky sexual behaviour. Sexually transmitted diseases Pregnancy and choices.</p>

		<p>Extend vocabulary to explain and discuss emotions. Identify how others are feeling Benefits of activities to support mental health – P.E., outdoor activities, time with friends, relaxation.</p> <p>Life cycles – babies and baby animals</p> <p>Growing up</p> <p>Explore Rules for keeping safe online</p> <p>Puberty and the changing adolescent body -physical (Menstruation) and emotional.</p>	<p>Puberty and the changing adolescent body -physical and emotional to include menstruation, masturbation</p> <p>Explore How to get support and report online issues. Names for internal reproductive organs Intimate relationships</p>	<p>How to get sexual health advice</p> <p>Explore Responsibilities of parenthood Any area in greater depth as needed by the pupils.</p>
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