

# Short Breaks Update for Families with Disabled Children and Young People



**Thomley**  
A place for people of all  
abilities and disabilities

## Paul Isaacs

Autism Expert & Thomley Patron



**Friday 26th April**  
**“Life with Autism”**  
(For introductory parents, siblings,  
friends, teachers)

**Friday 21st June**  
**“Understanding the  
mechanics of Autism”**  
(Helping parents and children  
understand Autism)

Join us for an informal conference with Paul Isaacs in the Thomley Pavilion, arrive any time from 5:45pm for a 6:15pm start, it is £5 per person to attend the talk.

The soft play areas will be open for those wishing to bring their children, just £3 per child to come too! Hot dogs, cake and drinks are all available from the cafe to buy on the night.

Please share this with your contacts who may benefit from hearing Paul’s fantastic talk.

Booking is essential, email us on:  
bookings@thomley.org.uk  
Or, call: 01844 338380

# Short Breaks Update for Families with Disabled Children and Young People



## Living with Autism

*"I have learnt more in 3 hours than I have in 20 years of training"*

*Sophie, Psychotherapist*

*A half day seminar, choice of 2 venues & 4 dates*

Quaker Meeting House, 43 St Giles, Oxford OX1 3LW &  
Methodist Church, Buckingham Street, Aylesbury HP20 2NQ

*This course is for family members of people of any age on the Autism Spectrum.  
Refreshments provided; please bring own lunch or buy locally.*

May	Friday 3rd	10am – 2pm	Aylesbury Methodist Church
May	Wednesday 8th	10am – 2pm	Oxford Quaker House
May	Friday 17th	10am – 2pm	Aylesbury Methodist Church
June	Friday 7th	10am – 2pm	Oxford Quaker House

**£50 + vat = £60 pp**

*Limited number of concessionary rates available to people on very low income or benefits:- £40 + VAT (£48pp)*

**BOOK NOW - [www.autismoxford.org.uk/seminars](http://www.autismoxford.org.uk/seminars)**

Autism Oxford UK Ltd. Registered No:09271647

Web: [www.autismoxford.org.uk](http://www.autismoxford.org.uk)

Email: [info@autismoxford.org.uk](mailto:info@autismoxford.org.uk)

# Short Breaks Update for Families with Disabled Children and Young People



## Understanding & Working with Autism

**A half day training session offered on 2 separate dates:-**

**10.45 for 11 am - 3pm on Monday 13th May 2019**

**10.45 for 11am - 3pm on Tuesday 4th June 2019**

**Venue - Abell House, The Slade, Horspath Driftway, Oxford OX3 7JH**

~~~~~

***\*\* This course is FREE to attend for staff working in Oxfordshire \*\****

### **Prior booking is necessary**

This training is very popular and usually over subscribed. Last time we advertised there were 500 applications for 250 places. If you book a place, please let us know if you cannot attend so that we can offer your place to someone on the waiting list. Depending on circumstances, a £50 + VAT charge may be incurred by those failing to attend without letting us know in advance.

***Refreshments provided; please bring your own lunch***

### ***After attending this course you will:***

- have an understanding of the Autism Spectrum and its key features
- have awareness of what Autism looks like and appreciation of how it feels on the inside
- have insights into everyday issues that can affect people with Autism, such as sensory issues, anxiety, fear, low self-esteem
- be able to identify and use some autism-friendly strategies and 'reasonable adjustments'
- understand the importance of Autism-friendly 'reasonable adjustments'
- be aware of autism services & organisations in Oxfordshire & the Alert Card Scheme

**Funded by the Oxfordshire Clinical Commissioning Group**

**Limited Spaces Available**

**BOOKING IS ESSENTIAL!**

To book, please email Autism Oxford on - [researchupdate@autismoxford.org.uk](mailto:researchupdate@autismoxford.org.uk)

Please give your NAME, EMAIL, JOB TITLE, ORGANISATION and CHOICE OF DATE

# Short Breaks Update for Families with Disabled Children and Young People



## Working with Autism

*“Seriously, one of the best CPD I’ve had in years!”*

Dr Matthew Stephenson, Consultant Psychiatrist, Oxford Health NHS FT

*A half day course offered on 3 dates - 10.00am – 2.00pm*

Friday 14<sup>th</sup> June 2019

Friday 5<sup>th</sup> July 2019

Friday 19<sup>th</sup> July 2019

**Methodist Church, Buckingham Street, Aylesbury HP20 2NQ**

**Introductory Offer: £60 + VAT**

*Refreshments provided, please bring own lunch or buy locally*

**Limited Spaces Available**

**Book on Mobile, Tablet or Desktop!**

**BOOK NOW - [www.autismoxford.org.uk/training](http://www.autismoxford.org.uk/training)**

*This is a hugely popular course for anyone working with autistic people of any age, whether children, young people or adults. It has been presented to Oxfordshire professionals since 2011 and is always heavily oversubscribed. We are not funded to offer the course free of charge outside of Oxfordshire, but we have received numerous enquiries and are therefore aware that many other professionals would like to attend. So we are offering the same course on a pay to attend basis in Aylesbury. We look forward to meeting many new colleagues at the courses in June and July have no doubt that you will find them enjoyable and useful, as over 5,000 previous attendees have.*

**Autism Oxford UK Ltd. Registered No:09271647**

**Web: [www.autismoxford.org.uk](http://www.autismoxford.org.uk)**

**Email: [info@autismoxford.org.uk](mailto:info@autismoxford.org.uk)**

# Short Breaks Update for Families with Disabled Children and Young People



## Making Sense of Sensory Needs

*Wednesday 19th June - 9.30am for 10.00am start – 3.30pm*

Methodist Church, Buckingham Street, Aylesbury HP20 2NQ

## Professor Olga Bogdashina

PhD (Linguistics); MSc (Psychology); MA (Teaching Methods); MA Ed (Autism) et al.

*World renowned author of 12 books including:-*

*'Sensory perceptual Issues in Autism and Asperger Syndrome'*

*'Communication Issues in Autism and Asperger Syndrome'*

With

Autism Oxford UK's Highly Acclaimed  
Autistic Training Team

*Booking rates, including refreshments:-*

**Professionals: £75 + VAT**

**People with ASC & Family Members: £50 + VAT**

**Concession rate: £30 + VAT**

*Refreshments provided, please bring own lunch or buy locally*

For fast, easy, secure booking: <http://www.autismoxford.org.uk>

***"To help autistic individuals we should work with autism, not against it"***

# Short Breaks Update for Families with Disabled Children and Young People



## Makaton Training Workshops with Hands Aloud in Abingdon, Oxfordshire

| Date                                              | Duration       | Type of Workshop                                                                                                                                                                                                                                                                | Cost per person |
|---------------------------------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| Tuesdays 7th & 14th May<br>Full Day               | 2 day workshop | Foundation Workshop (Levels 1 & 2)<br>Stages 1,2,3 & 4 of Core Vocabulary                                                                                                                                                                                                       | £155            |
| Saturday 11th May (Morning)<br>9:30am - 11:30am   | 2 hours        | <b>Taster Workshop</b><br>45+ signs and symbols will be taught from the Core Vocabulary, with focus on learning vocabulary related to Early Years, play and home                                                                                                                | £20             |
| Tuesday 28th May (Half Term)<br>9:30am - 11:30am  | 2 hours        | <b>Taster Workshop</b><br>45+ signs and symbols will be taught from the Core Vocabulary, with focus on learning vocabulary related to Early Years, play and home                                                                                                                | £20             |
| Tuesday 4th June (Evening)<br>7:00pm - 9:00pm     | 2 hours        | <b>Taster Workshop</b><br>45+ signs and symbols will be taught from the Core Vocabulary, with focus on learning vocabulary related to Early Years, play and home                                                                                                                | £20             |
| Tuesday 11th June (Afternoon)<br>12:30pm - 3:30pm | 3 hours        | <b>Using Makaton with Singing</b><br>You will learn up to 100 signs and have fun practising them in songs adapted for different levels of ability. For Early Years practitioners, parents, teachers, classroom assistants, and community musicians working with young children. | £30             |
| Tuesday 2nd July<br>Full Day                      | 1 Day workshop | Level 1 Makaton<br>Stages 1 & 2 of Core Vocabulary                                                                                                                                                                                                                              | £80             |

### What is Makaton?

**Makaton** is a language programme using signs and symbols to help people communicate. It is designed to support spoken language rather than replace it. For details on these and other Makaton training workshops available please contact Libby on

**07546 191811 / [LibbyMakatonTutor@gmail.com](mailto:LibbyMakatonTutor@gmail.com)**

[www.facebook.com/HandsAloudMakaton](http://www.facebook.com/HandsAloudMakaton)

# Short Breaks Update for Families with Disabled Children and Young People

## Training opportunities



### **Fundamentals of GDPR: new to GDPR or need a refresher?**

The General Data Protection Regulation (GDPR) came into effect on the 25th of May 2018 and is the most significant change to data protection law in almost 20 years. The GDPR strengthens a number of existing principles and introduces more rights for individuals in the use of their personal data. GDPR should not be viewed as a tick-box exercise, that once 'compliant' it can be forgotten about. Charities need to view the regulation as one that requires on going monitoring and adherence. This half day training session will introduce GDPR to delegates, describe the differences between the Data Protection Act 1998 and provide practical steps that need to be taken in order to start and continue implementing GDPR.

Wednesday 8th May 2019 £60 – £90

### **Improve Your Online Digital Marketing Skills**

Today there are a wide range of tools available to help Charities with their marketing communications. However choosing the right tool – or combination of tools – to meet your goals such as fundraising, attracting volunteers, and supporting your core activities can be a challenge. This course is firstly designed to give you an overview of the key digital tools including Mailchimp, LinkedIn, Facebook, Twitter, E newsletters and explain how they could be used to meet your goals. Secondly it is designed to help you get the best from these tools, via practical, hands-on experience. *This course has been extended from 3 to 4 hours following feedback from the previous course to allow more time for practical experience during the session. A laptop, tablet or mobile phone is useful to bring to the session to allow you to try out the tools.*

Tuesday 14th May 2019 ( 4 hours ) £60 – £90

### **Health and Safety Level 2**

The QA Level 2 Award in Health and Safety in the Workplace (QCF) is ideal for all employees, as it helps candidates develop a greater understanding of Health and Safety issues and the role that everyone plays in maintaining a safe working environment. Candidates undertake 3 practical assessments during the course plus a multiple choice exam at the end of the course. On successful completion of the course, candidates will achieve a Level 2 Award in Health and Safety in the Workplace from Qualsafe. The qualification is valid for 3 years but annual refreshers are considered best practice.

Wednesday 15th May 2019 ( 6 hours ) £95 – £125

Venue:- OCVA offices, The Old Court House, Floyds Row, St Aldates, Oxford, OX1 1SS.

More information and bookings taken on the OCVA website - <https://ocva.org.uk/all-courses/>

If you have any questions about courses or can't find what you're looking for, please email:-

[training@ocva.org.uk](mailto:training@ocva.org.uk) or call 01865 251946.