

# Thomley Spring Open Day



A chance to try us out for **FREE**, activities include:

*Live music - All day hot food - Ice Creams - 'Random Mike' entertainer*

*Lionel the train - Soft play areas - Giant bubbles - Face painting*

*Tug of war - Inflatable assault course - Archery - Sensory rooms*

*Football - Trampolines - Park - Sumo suits and LOTS more to see!*



**Saturday 4th May 2019**  
**10am-3pm**

Free entry and booking is not necessary, everyone welcome.  
Join us at Thomley, Menmarsh Road, Worminghall, HP189JZ for  
a fun-filled day of endless activities for children of all abilities.

A guaranteed good day for all the family!

Please note that our gates will not be locked on this day  
like they normally are

# Short Breaks Update for Families with Disabled Children and Young People



## SOUTH ABINGDON 'SATURDADS'

**For Male Parents / Carers and their Children aged 4 to 11  
(Reception to Year 6) - 10am until Midday**

Preston Road Community Centre, Midget Close, Off Preston Road, Abingdon, OX14 5NR



### ALL SESSIONS WILL OFFER FREE ENTRANCE AND FREE ACTIVITIES

Session Dates = 4th & 18th May, 1<sup>st</sup>, 15<sup>th</sup> and 29th June, 13<sup>th</sup> & 27th July, 10<sup>th</sup> & 24th August, 7<sup>th</sup> and 21st September, 5<sup>th</sup> & 19th October, 2<sup>nd</sup>, 16<sup>th</sup> & 30th November, 14th December, 11<sup>th</sup> & 25th January 2020, 8<sup>th</sup> & 22nd February, 7th & 21st March, 4<sup>th</sup> & 18<sup>th</sup> April and 2nd May

**Give your wife, fiancée, girlfriend or loved one a break and bring your little ones to our 'Saturdays' sessions.**

**Designed for Dads, Uncles, Grandads or any other Male carer aged 18 and above with Children aged 4 years old to 11 years old, we will be playing, having fun, learning and spending quality time together (please note that NO Childcare is provided)**

For any Enquires Contact; Oxfordshire Play Association: Martin Gillett - 01865 779474 – [martin.gillett@oxonplay.org.uk](mailto:martin.gillett@oxonplay.org.uk)

Thank You to our generous supporters who have funded these sessions;





# Short Breaks Update for Families with Disabled Children and Young People

## Kidz to Adultz South

Thursday 16th May 2019  
9.30am — 4.30pm  
Farnborough International Exhibition & Conference Centre, Farnborough,  
GU14 6TQ - Access Via Gate F



**A FREE event for children & young adults up to 25 years with disabilities and additional needs, their families, carers and all the professionals who support them.**



Register online for your FREE entry ticket - [www.kidzexhibitions.co.uk](http://www.kidzexhibitions.co.uk)



**Disabled Living**  
Providing advice and support for disabled adults and their families



**CPD**  
The CPD Certification Service



**Kidz Exhibitions**

Kidz to Adultz is a trademark registered to Disabled Living, Manchester. Established in 1897, Disabled Living, Charity registered with the Charity Commission for England and Wales. Registered Charity Number 224742

Register here - [www.kidzexhibitions.co.uk](http://www.kidzexhibitions.co.uk)

Visit [www.oxfordshire.gov.uk/shortbreaks](http://www.oxfordshire.gov.uk/shortbreaks) to keep up to date with short breaks and respite care services for disabled children in Oxfordshire



# Camping at Thomley...

**Friday 24th May from 3:30pm  
until Saturday 25th May at 3:30pm**

It is £10 per person, per night, to camp at Thomley. Arrive from 3:30pm on the Friday to pitch up. The cafe is open until 9pm and will re-open early on Saturday morning, where you can purchase snacks, drinks, dinner and breakfast. There will also be activities throughout your stay such as marshmallows around the fire-pit, archery and giant bubbles. The Thomley camping experience is a lovely, safe setting to test out camping for the first time, or just enjoy staying with us for longer than usual!

No disposable BBQs / fires are allowed and no hot food is to be brought on site by visitors.



Please book by calling:  
**01844 338380**  
Or by emailing us:  
**bookings@thomley.org.uk**



# Thomley



# Short Breaks Update for Families with Disabled Children and Young People

**Saturday 22nd June 2019 11.00am–3.00pm**

## **Didcot / Vauxhall Barracks Play & Activity Day**

**Edmonds Park, Didcot, Oxon. OX11 8QX**

**FREE Entrance and FREE Activities for Children and Young People of all ages and their Families**



**Bright Sparks Science / Go Kart Party / Tricky Trails Biking  
Drumming / Body Zorbing / Fire Play / Orinoco Scrapstore / Giant  
Bubbles / Earth Trust / GLL – Better / 11 EOD / Balsam Family  
Project / Smoothie Bike / DIY Face Painting and much more!!**

### **Celebrating Playday & Armed Forces Day Bringing Armed Forces Families and Local Communities Together Through Play**

**For further details please contact - Oxfordshire Play Association**

**Tel: 01865 779474 / [www.oxonplay.org.uk](http://www.oxonplay.org.uk) / [martin.gillett@oxonplay.org.uk](mailto:martin.gillett@oxonplay.org.uk)**

**This is an Open Access event. Please note that NO Childcare is provided. There is NO Parking on site.**

**Food and Refreshments will need to be purchased, you are most welcome to bring a picnic.**

**This event is funded and supported by;**



# Short Breaks Update for Families with Disabled Children and Young People



## Oxford Mencap - Summer holidays for 16 years+ and volunteering opportunity...

Every summer, Oxford Mencap run a holiday programme at Hill End in Oxford. All the holiday guests are from Oxfordshire and the holidays are about shared experiences, friendships and fun. This includes one to one care, residential accommodation and all activities. Each guest has their own volunteer working with them, helping with personal care as necessary and helping them to enjoy all the activities on offer. These activities include:- bowling, trips to theme parks, BBQ's, zoo, swimming, discos and much more. This year, they are also including a week in Wales.

The 2019 holidays are divided into five separate weeks:-

- Week 1 - Friday 19th to Saturday 26th July
- Week 2 - Top Camp - Saturday 26th July to Saturday 3rd August (a week for those who have more needs and who will have two to one support)
- Week 2 - Bottom Camp - Saturday 26th July to Saturday 3rd August
- Week 3 - Saturday 3rd to Saturday 10th August
- Wales - Friday 13th to Sunday 22nd September - this group go to a cottage in Wales

For more details, how to apply and costs involved, please contact Oxford Mencap direct to find out more - [administrator@oxfordmencap.org.uk](mailto:administrator@oxfordmencap.org.uk)

Oxford Mencap are also looking for volunteers to enable them to run these holidays. Please contact them direct for further details and to request an application pack.



Visit [www.oxfordshire.gov.uk/shortbreaks](http://www.oxfordshire.gov.uk/shortbreaks) to keep up to date with short breaks and respite care services for disabled children in Oxfordshire

# Short Breaks Update for Families with Disabled Children and Young People



**\*\* VOLUNTEERS NEEDED \*\***



Tower Hill FC in Witney are looking for volunteers to coach a new youth disability team. In order to start this next season, they desperately need more helpers. They cannot do this without you!!

**\*\* No experience is required as all necessary training and qualifications can be provided. \*\***

If you're interested or want to find out more, please contact:-

Harry Ash on [harry.ash@oxfordshirefa.com](mailto:harry.ash@oxfordshirefa.com) or 07534 912206





# Short Breaks Update for Families with Disabled Children and Young People

## Join us

Membership is free and does not commit you to anything.



To find out more and or to register an interest in joining the forum:

Tel: 07394 735666

Email: [info@oxpcf.org.uk](mailto:info@oxpcf.org.uk)

Web: [www.oxpcf.org.uk](http://www.oxpcf.org.uk)

Facebook: <https://www.facebook.com/oxpcf/>

Twitter: @OxPCForum

Instagram: ox\_parentcarers\_forum



Address: c/o OXFSN Slade House,  
Horspath Driftway, HEADINGTON,  
Oxford OX3 7JH

*The voice of Parent Carers  
in Oxfordshire*

## Oxfordshire Parent Carers Forum

**Opportunity to get involved, be informed and have your say!**

## Who are we?

We are a group of parents just like you. Our children have a wide range of needs, from mild to severe, including physical disabilities. Some have 'hidden' impairments, like mental health issues, ADHD or dyslexia, while others have behavioural problems, or no firm diagnosis.



## What do we do?

As members of the National Network of Parent Carer Forum's we support the development of parent carer participation, a process in which parents work together with professionals to make improvements to local services.

We believe that 'Every Child Matters' and that all disabled children and young people in Oxfordshire, should have access to the same opportunities, experiences and information, as any other child.

Our Vision is to be a well informed, connected and empowered community of families of children with disabilities or additional needs.

We will offer support to each other and working in partnership with health, education and social care we will create quality services that meet the needs of all parent carers and their children/young people.

We will build links with as many informal and formal groups both those of parents and professionals and use those links to promote communication between professionals and parent bodies.

We aim to provide reasoned feedback and support to professionals and ensure young people and their families are listened to.

## How to get involved?

By joining us you can:

- Receive information about opportunities for you to help shape local and national services
- Opportunities to meet like minded families,
- Contact us at any time for information; sign posting; support groups or to tell us 'What is going well?' or 'What would be better if?'

Are you a Parent, Grand Parent or Carer?

Do you have parental responsibility for a child or young person with additional needs or a disability, who is aged between birth and 25 years old and lives in Oxfordshire?

Are you a friend of Parent Carers?

Are you a practitioner; provide services; provide resources; run a support group; provide parent courses; run articles?



## Would you like to:

- Receive information relevant to changes
- Let us now about your service or resource so we can signpost families,
- Provide information to our families
- Share dates of workshops, courses or events
- Receive our press releases
- Let families know about us



# Short Breaks Update for Families with Disabled Children and Young People



## Autism friendly cinema screenings for this month

On Sunday mornings throughout the month, films suitable for all audiences are screened in a sensory friendly and inclusive environment with adjustments.

These autism friendly adjustments aim to reduce over-stimulation and create a welcoming environment. They are designed to make the cinema more inclusive and accessible for people with sensory sensitivities, and others who can benefit from this environment.

- \* **Cineworld** are showing Wonder Park on Sunday 5th May at 11.00am in Didcot, Witney, High Wycombe & Milton Keynes.
- \* **Showcase** are showing The Goonies (12A) on Sunday 12th May at 10.00am in Reading.
- \* **Picturehouse** cinemas are showing How to Train Your Dragon: The Hidden World (PG) on Sunday 19th May at 11.00am at The Phoenix in Oxford & The Regal in Henley-on-Thames.
- \* **Odeon** are showing Pokemon Detective Pikachu on Sunday 26th May at 10.15am at Oxford, Aylesbury & Milton Keynes Stadium.
- \* **Vue** have not yet specified the film this month but it's always on the last Sunday of the month at 10.15am in Bicester, Oxford, Newbury & Reading.

The Dimensions website has details of these screenings. Please go to their website:- <https://www.dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/> should you wish to find out more.

**Have you got a CEAcad yet?** This card enables a disabled cinema go-er (aged 8 yrs +) to receive a complimentary ticket for someone to go with them to participating cinemas. Please go to their website for more info:- <https://www.ceacard.co.uk/>



Visit [www.oxfordshire.gov.uk/shortbreaks](http://www.oxfordshire.gov.uk/shortbreaks) to keep up to date with short breaks and respite care services for disabled children in Oxfordshire