

My Busy Body



Science

- Experiments e.g. do people with the longest legs jump the furthest, are boys stronger than girls?
- Healthy lifestyle - effects and benefits of exercise, food etc.
- Joints/tendons model
- Muscles – how they work and what they are for
- Differences between men and women



Music

- 'Skeletal sounds' – loud/quiet/fast/slow
- Body sounds e.g. heartbeat
- Effects of music e.g. relaxing/motivating
- Represent sounds with symbols
- Sound makers
- Creating rhymes
- Copying/adding to beats/rhythm



Community visit

- Science museum
- Doctors
- Cafes – ordering healthy options




Sensory

- Pasta skeleton
- Making a brain – flour, water, salt
- Sounds of the body
- Healthy/unhealthy food
- Making blood e.g. white blood cells: marshmallows, red jelly etc.
- Focus on senses



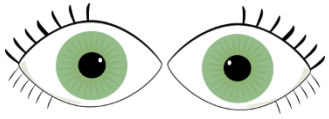
Other

- Medical professional visit
- Collage of faces – emotions
- Self portraits
- Clay figures
- Making healthy/unhealthy food
- Past and present e.g. hospitals



Science

- Naming and labelling body parts
- Function of organs
- Skeletal system
- Circulatory system – the heart (how it works, listening to heartbeats, making a stethoscope etc.)
- Digestive system – look at teeth, intestines, different types of food etc.
- Nervous system – what the brain is for
- Lifecycle and growth
- Senses – how these organs work
- Respiratory system – making a model of the lungs



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During this topic the pupils main focus will be on Music and Science other subjects may be covered as part of cross curricular links.



CLL

MATHS

ICT/COMPUTING

PSHCE

PE

Fact files, leaflet, poster about body parts

Data handling: Graphs e.g. heartrate, Bar chart e.g. shoe sizes.

Research function of organs/systems

Emotions

Changes in your body during exercise

Menu – healthy vs. unhealthy

Measure – measuring parts of the body

Use cameras to take photos and download

Healthy living

Staying healthy

Persuasive writing e.g. persuading someone to take up exercise

Time – timing people to complete different activities

Creating graphs

Personal hygiene

Design an exercise program suitable for you

Writing biography & autobiography

How to keep yourself safe

Function of warm up/cool down

Link to SRE

Medicines/drugs

